

ABOUT BALANCE 180

Did you know that Balance 180 is a non-profit organization?

Balance 180 was started 11 years ago with the goal of offering gymnastics to children with and without special needs in our community. We operate with the support and guidance of a dedicated group of board members as well as a large group of volunteers.

Have you ever noticed that your child benefits from a high staff/athlete ratio?

That is right, we have a one to five coach/athlete ratio! Additionally, each semester Balance 180 trains about 120 volunteers to work with our athletes across all of our classes and programs. Our volunteers receive training from a dedicated team of volunteer senior educators, physical therapists, occupational therapists and coaches.

Are you aware that we provide scholarships for families that have financial hardship?

Yes, we offer our programs to all athletes, independent of their financial situation. Families that have lost a job, parents who have high medical bills, or parents who struggle with health issues can still enroll their child in our programs and enjoy the benefits of our classes.

Did you know that we offer programs specifically designed for kids with special needs?

Balance 180 offers recreational and competitive sports opportunities for children with special needs. Athletes work in a small group setting, learn to follow directions, and receive individualized support from our volunteers. The programs focus on improving muscle strength, coordination, and balance, all while having fun.

With the holidays approaching, we ask that you consider making a donation to Balance 180. Our volunteers, board members and assistant coaches donate thousands of hours of their time to ensure that Balance 180 is a special place, where kids are celebrated, can build confidence, and learn new skills.

No matter how small or big your gift, any donation shows that you have a BIG heart for our athletes and appreciate the hard work of our coaches and volunteers.

PROVIDING GYMNASTICS TO KIDS OF ALL ABILITIES



BALANCE 180 STATISTICS

\$42,072

6,391

children served since our founding in 2012

24,000

hours of gymnastics classes offered this year alone

spent on scholarships each year

$\frac{\text{COMING TO BALANCE 180}}{2024}$

UNLEASH THE POWER OF THE PIT

For a year, we've planned, and our vision's been clear,
We have the layout and we are ready to go.
Digging six feet in cement, is a challenge to explore,
But we're determined to achieve what we adore.

This pit's more than a dream, it's a chance to inspire,

To reach new heights, our goals growing higher.

A sensory haven for kids with unique needs,

A training tool for kids trying new tricks,

Building confidence and joy as their hearts take the leads.

With your support, this project can bloom and shine,
Together, we'll create a space so divine.

Join us on this journey, help our dream come alive,
In this foam-filled adventure, we all will thrive!

BY PLAYING BALANCE 180 BINGO!

Will you help us roise \$75,000 BUILD THAT PIT?

WHY BUILD A FOAM PIT?



Enhances Safety



Boosts Confidence



Provides a Strength Challenge



Facilitates Skill Advancement



Adds an Abundance of Fun!

HOW TO PLAY BINGO!

Each bingo card will have 25 squares with various dollar amounts for donors to choose from. A donor can choose to donate to a single space, for example \$10 for the top left square, or they can claim multiple squares, like the entire top row! We encourage your athletes to reach out to friends, family, teachers, neighbors, etc. When you receive a donation, cross off that box and make sure to write your donor's information on the back of the card. We recommend collecting your donation at the time of the pledge via cash, check, or GoFundMe: https://www.gofundme.com/f/power-of-the-pit.

DOLLAR AMOUNT MILESTONES

As you collect donations you can earn some awesome Balance 180 prizes - a sensory surprise bag, jump rope, speciality sunglasses, a miniature Betsy the Builder, and a ticket to our Kids' Night Out. Complete the bonus round to enter into an exclusive raffle, bring a friend to Kids' Night Out and choose to get slimed or slime a coach!

BINGO BLACKOUT

If an athlete can black out their bingo card, receiving donations for every square on their board, they will get admission to Balance 180's Kids' Night Out! We are kicking the parents out for a night of games, gymnastics challenges and fun with the Balance 180 coaches!

TOP EARNER:

The top earner who raises the most amount of money will have the opportunity to be a Balance 180 "Assistant Coach" for the day and hang out with their favorite friends at Balance 180. They will see first hand what it is like to be a coach and get a lifetime pass to all Balance 180 events! And of course they get to take home some Balance 180 swag.

MORE DETAILS:

Once you black out your bingo card, you can turn it into the front desk at any time to claim your prizes! When you drop off your completed bingo card, please include all monetary donations written on the back of the card as well. Please note tickets cannot be purchased to the Kids' Night Out; the only way to get a ticket is to turn in a completely blacked out bingo card valued at \$180 or to bring a friend valued at \$300.

BLACK OUT YOUR BINGO CARD TO JOIN US AT THE KIDS' NIGHT OUT!

JANUARY 20 OR JANUARY 27, 2024 FROM 5:00 - 8:30 PM



Gymnastics Challenges





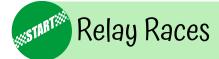




Slime the coaches/friends



Pizza Party



2023 Fundraising BINGO

Can you help me complete my bingo card to win prizes and secure a ticket to Balance 180's **Kids' Night Out?** Your donations will go toward building a foam pit at Balance 180 Gymnastics. Plus, I can also complete the bonus round for extra cool prizes! You can donate via check, cash, or Balance 180's GoFundMe.

https://www.gofundme.com/f/power-of-the-pit

\$10	\$5	\$5	\$20	\$1	
\$1	\$15	\$15	\$5	\$5	
\$5	\$10	Free Space	\$15	\$1	
\$5	\$15	\$1	\$15	\$5	
\$5	\$1	\$10	\$5	\$5	
us Round \$60		\$60		\$60	



THANK YOU for supporting me and the programs at my gym!

Balance 180 is a local nonprofit organization in Gainesville, FL that offers recreational an competitive sports opportunities to children with and without special needs.

Balance 180 Fundraising BINGO

Turn this page in when you're done!

Name

Thank you for playing B180 Fundraising BINGO! We appreciate your help to raise funds and keep the gym's mission moving forward. Encourage family and friends to donate for one or multiple BINGO square(s). Ex: A family member can donate \$10 for the top left square, or \$41 for the entire top row! See below for the fun prizes you can win along the way for fundraising different amounts!

Athlete Name:	Parent Email:	
Donor Name & Email Address	Method:Cash, Check, or GoFundMe	Amount
		-
		-
		_
		_



Entry to the

Kids' Night Out!

Raffle Extravaganza

Total

Free birthday party

Free entrance into all of Balance 180 events for one year

President of B180 for a

Free private lesson

Be a B180 mascot for the day

Bring a +1 to Balance 180 Kids' Night Out!

Invite a sibling or friend to join you at Balance 180's exclusive Kids' Night Out! Enjoy this one-ofa-kind evening together.

SLIME!!

Choose between either getting slimed yourself or sliming a Balance 180 staff member at the Kids' Night Out!

We will do it at the end of the night for any families that want to watch the slime drop!



B180 Jump Rope

the Pit Sunglasses

Power of

Bring home your own Betsy the Builder

Design a t-shirt for your Betsy the Builder stuffed animal!

January 20, 2024 or January 27, 2024

from 5:00 - 8:30 pm